

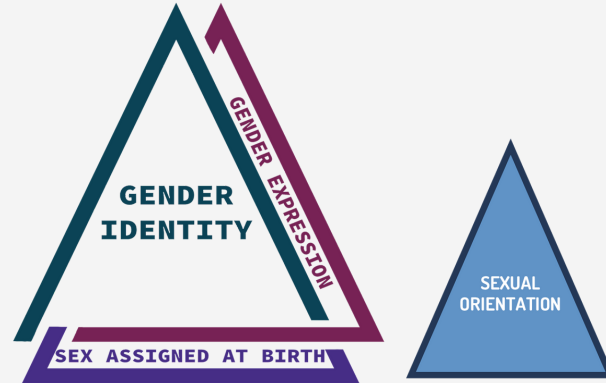
# DECOLONIZING THE HISTORY OF THE GENDER BINARY

## WEBINAR SERIES PART 1 WORKSHEET

Page one of this worksheet can be used as a helpful guide to remembering key concepts discussed in the webinar. Page two can help you identify new actions and ways of thinking that may be helpful on your journey to being more trans-affirming.

### THE SIEO MODEL

- S**EX ASSIGNED AT BIRTH
- G**ENDER **I**DENTITY
- G**ENDER **E**XPRESSION
- S**EXUAL **O**RIENTATION



The Teaching Transgender Toolkit by Dr. Eli Green and Luca Maurer, and the Transgender Training Institute

### REMEMBER:

01

Transgender and non-binary people are not new, nor a phase; we have always been around.

02

You, other people, systems, societies, the world, the interactions and communications between them, ALL things are unique and complex

03

You don't have to understand in order to respect and affirm someone.

04

Most people, including you, have a relationship to these concepts including affirming names and pronouns.

05

You can't assume someone's name by looking at them, just as you can't assume someone's pronouns or anything else either.

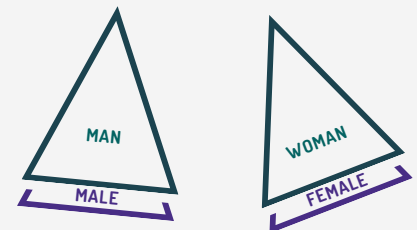
06

Ally is a verb. It is something you have to do through ACTIONS, such as:

- Anywhere your name is, your pronouns can go (even verbally)
- Interrupt, correct, and model when someone is misgendered (do everything you can to avoid misgendering)
- Apologize appropriately (no apology B's)
- Help both the harmed and harmer

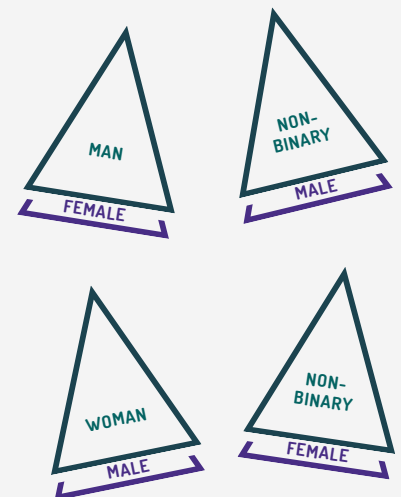
### CISGENDER

Gender identity aligns with sex assigned at birth.



### TRANSGENDER

Gender identity does NOT align with sex assigned at birth.



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## WEBINAR SERIES PART 1 WORKSHEET

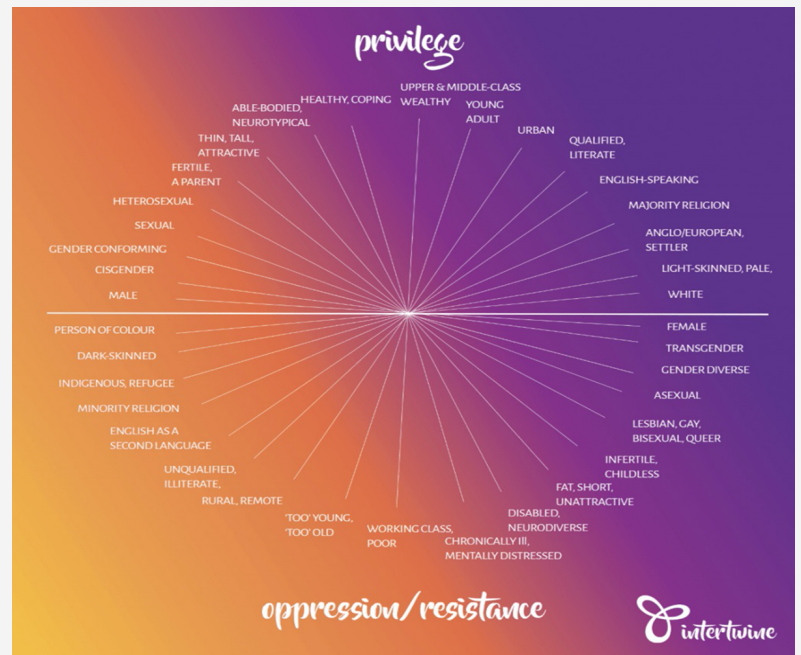
### INTERSECTIONALITY

**noun.** The interconnected nature of social categorizations such as age, race, class, and gender as they apply to a given individual or group, regarded as creating overlapping and interdependent systems of discrimination or disadvantage and privilege.

*The world is complex and so is our experience within it.*

### TRANS-AFFIRMING

**verb.** (1) Believing that a person's gender identity is valid and true. (2) Providing emotional support and encouragement. (3) The collective actions and process of ensuring that a person's gender is always respected and honored.



### ACTION PLAN:

01

Does my sex assigned at birth align with my gender identity and how do I know for sure?

02

What is my gender identity and how do I know for sure?

03

What was I told about gender, and where do I see it show up today?

04

Did what I was told about gender from others inform my gender and gender expression more than the ways that feel inherently and intrinsically beautiful and affirming to me?

05

What are some things I believe even though I don't understand them?

06

What are some direct actions I can do to be trans-affirming?

07

When I think about Intersectionality and look at the chart above – what are the areas in which I have marginalization, and what the areas I have privilege?

08

How would my life be different if I approached things with gentle loving curiosity as opposed to a “my way or the highway” type of philosophy?

09

When I don't understand, do I act out of fear and have I ever hurt someone or something (such as killing spiders)?